

***SPORT
MINDSET
FOR
EXCELLENCE***

**THE ULTIMATE MANUAL OF
SPORT MENTAL COACHING FOR
SPORT CHAMPIONS AND
ELITE PROFESSIONALS**

JOE SANTANGELO

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Paperback: 978-1-959224-62-4

eBook: 978-1-959224-63-1

Library of Congress Control Number: 2023904391

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Printed in the United States of America

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