



WIEN, Austria - July 1-3 2017
WFM Kickboxing World Championship
WORLD CHAMPION Light Heavyweight (-80kg)

- 1 TRUST YOURSELF
- 2 BREAK THE RULES
- 3 DON'T BE AFRAID TO FAIL
- 4 IGNORE THE NAYSAYERS
- 5 WORK LIKE HELL
- 6 GIVE SOMETHING BACK
- 7 NEVER COMPLAIN

7 GOLDEN RULES